Vermont Mental Health Performance Indicator Project

DDMHS, Weeks Building, 103 South Main Street, Waterbury, VT 05671-1601 (802-241-2638)

MEMORANDUM

TO: Vermont Mental Health Performance Indicator Project

Advisory Group and Interested Parties

FROM: Monica Simon and John Pandiani

DATE: May 7, 2004

RE: Type of Service to Children's Services Clients

This is the second in a series of PIP reports that presents information on the type of services provided to clients served by mental health. Last week's PIP focused on clients served by Community Rehabilitation and Treatment (CRT) Programs for adults with serious mental illness (www.ddmhs.state.vt.us/docs/pips/2004/pip043004.pdf). This PIP provides an overview of the volume of service provided by Children's Services Programs in five service categories: community supports, service planning, clinical interventions, day/residential services, and other (See attached for category definitions). Data used in this analysis were extracted from Monthly Service Report (MSR) files submitted to DDMHS by designated community mental health service providers.

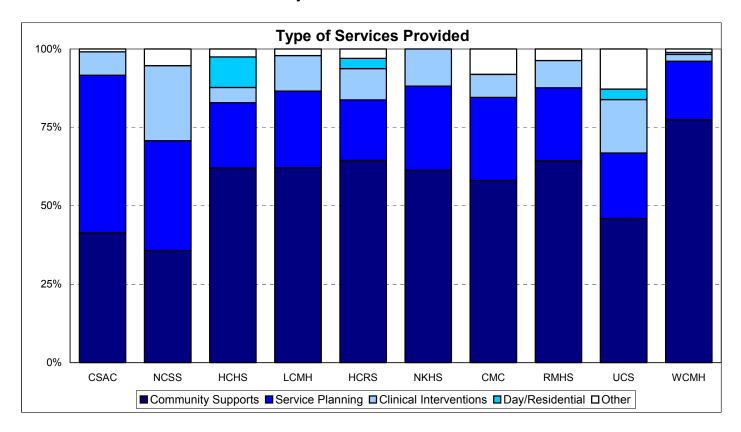
Statewide, 60% of the services provided to Children's Services clients were classified as community supports. Twenty-six percent of the services provided to these clients were service planning. Clinical interventions accounted for 8% of the services provided, and day/residential services and other services each account for 3% of the services provided to Children's Services clients.

Type of service provided to Children's Services clients varied considerably from agency to agency. Community supports accounted for less than 40% of the services provided by NCSS while community supports accounted for almost 80% of the services provided by WCMH. Service planning services ranged from 19% of the services provided by HCRS and WCMH to 50% of the services provided by CSAC. Clinical intervention services ranged from 2% of the services provided (WCMH) to 24% of the services provided (NCSS). Day/residential services were reported by six of the ten agencies.

We look forward to your comments, questions, and suggestions for further analysis of data regarding the types of services provided by different treatment programs. As always, you can reach us at 802-241-2638 or by e-mail to pip@ddmhs.state.vt.us.

Type of Services Provided to Children's Services Clients

By Provider: FY 2003



	Type of Services Provided										
	Community		Service		Clinical		Day/Residential				
	Supports		Planning		Interventions		Services		Other		Total
Provider	#	%	#	%	#	%	#	%	#	%	#
Total	310,755	60%	132,708	26%	43,605	8%	15,988	3%	16,144	3%	519,200
CSAC	23,634	41%	28,715	50%	4,278	7%	0	0%	495	1%	57,122
NCSS	13,998	36%	13,700	35%	9,379	24%	0	0%	2,064	5%	39,141
HCHS	77,398	62%	25,987	21%	6,057	5%	12,166	10%	3,170	3%	124,778
LCMH	9,295	62%	3,651	24%	1,699	11%	2	0%	308	2%	14,955
HCRS	53,256	64%	15,916	19%	8,245	10%	2,706	3%	2,450	3%	82,573
NKHS	16,453	61%	7,189	27%	3,175	12%	0	0%	1	0%	26,818
CMC	22,886	58%	10,425	26%	2,891	7%	26	0%	3,174	8%	39,402
RMHS	23,373	64%	8,442	23%	3,145	9%	0	0%	1,337	4%	36,297
UCS	8,094	46%	3,678	21%	2,994	17%	594	3%	2,249	13%	17,609
WCMH	62,368	77%	15,005	19%	1,742	2%	494	1%	896	1%	80,505

Analysis includes youth (under 18) who were assigned to and served by Children's Services Programs. "Other" includes emergency services, consultation, education, and advocacy services, partial hospitalization, respite, employment, and transportation services. For detailed explanation on these types of service, see the notes in the annual statistical report (www.ddmhs.state.vt.us/docs/dept/annual-stats/2003statWebnotes.pdf)

Community Supports

Community Supports include specific, individualized and goal-oriented supports, which assist individuals (and families) in developing the skills and social supports necessary to promote positive growth. These supports may include assistance in daily living, supportive counseling, support to participate in community activities, collateral contacts, and building and sustaining healthy personal, family and community relationships. Community supports may further include family education, consultation and training services.

Service Planning and Coordination

Service Planning and Coordination assists individuals and their families in planning, developing, choosing, gaining access to, coordinating and monitoring the provision of needed services and supports for a specific individual. Services and supports include discharge planning advocacy and monitoring the well being of individuals (and their families), and supporting them to make and assess their own decisions.

Clinical Interventions

Clinical interventions includes: assessment, therapeutic, medication or medical services provided by clinical or medical staff, including a qualified clinician, therapist, psychiatrist or nurse. These include individual, family and group therapy; psychotherapeutic services; medication and medical support and consultation services; and clinical assessment.

Day/Residential Services

Day/Residential Services include day services, housing and home supports, and residential services.

Other

Other services include crisis services, partial hospitalization, emergency/crisis assessment, support and referral, emergency beds, employment, and respite services.

For a more detailed explanation on any of these service categories refer to the notes section of the annual statistical report (www.ddmhs.state.vt.us/docs/dept/annual-stats/2003statWebnotes.pdf).